

Bayville Dental

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Root Canal Post-op Instructions**===WHAT TO EXPECT===**

1. It is not uncommon for a tooth to be uncomfortable or to even exhibit a dull ache immediately after. This should subside within a week or two.
2. Your tooth will be sensitive to biting pressure and may even appear to feel loose. This feeling is the result of the sensitivity of nerve endings in the tissue just outside the end of the root. This is where we cleaned, irrigated, and placed filler and sealer material. This feeling will be short-lived.
3. You may feel a depression or rough are (on top of a back tooth or in back of a front tooth) where our access was made. There is a soft temporary material in that area- which h may wear away.
4. Occasionally, a small 'bubble or pimple' will appear on the gum tissue within a few days after completion of root canal. This represents a release of pressure and bacteria which no longer can be sustained around the tooth. This should disappear within a few days.

===WHAT TO DO===

1. We recommend ibuprofen (Advil, Nuprin, Motrin) 800mg every 6 hrs. if you have a stomach disorder you can substitute Tylenol, although it does not contain anti-inflammatory properties. Aspirin is NOT advisable as they tend to increase bleeding in the area that was treated.
2. Whenever possible, try to chew on the opposite side from tooth we have treated until the area is permanently restored with a crown or a permanent filling. Until that time, your tooth is weakened and could fracture.
3. Please avoid chewing gum, caramels, or other sticky candy which could do harm.

PLEASE CALL US IF:

- You are experiencing symptoms more intense or if longer duration than those described.
- You encounter significant post-operative swelling.
- Your temporary is loose or feels high when biting.
- Your tooth fractures.
- You have any questions at all.